



CADS

CALABOGIE NEWSLETTER



Welcome Back!

With lots of snow on the ground and hill it's finally time to ski! Our program begins again Sunday, January 8th!

Hope that everyone had an enjoyable Christmas and New Years, wishing you all the best.

Welcome back to all of our skiers and volunteers! Looking forward to another fantastic season of skiing full of smiles, laughter, and friendships.



STAY WARM!!

Remember to dress in layers, it is important to **STAY WARM** while on the ski hill!

Don't forget your warm coat, snow pants, helmet, neck warmer, and mitts. It's also a good idea to bring an extra pair of warm socks and dry mitts!

Hand and foot-warmers are always a great thing to have on those frosty ski days!

FUNDRAISING

Dear Parents and Volunteers,

Thanks again for your contribution to our 2010-2011 Raffle, you have done an amazing job in selling all tickets; we have surpassed our Goal and reached \$11,000.

Again this year, we have put together another great raffle; a Laptop has been added to the list of prizes, for a total value of well over \$3,000. **Our Goal this year: \$15,000.** The funds will allow us to defray the cost of running our program.

We will ask Parents and Volunteers to sell 2 Booklets of 15 tickets each. This is your contribution to provide our skiers with a safe, enjoyable and affordable ski program.

At this point, we have 75% of our tickets already in the hands of our Parents and Volunteers. **On opening day, we will ask all Parents and Volunteers that did not get their 2 books yet, to do so.** Please see Phil, Tina or Shelly.

We will start collecting the stubs and the money on Sunday January 15th. I urge you to start selling now; we are hoping to have most tickets sold by the end of January.

Every Sunday, starting January 8th, we will have a CADS Booth set up in the lodge, **we are looking for Parents and Volunteers who would be interested in selling tickets at the booth,** please let me or Phil Cassidy know if you are interested.

Remember for every book you sell, you have a chance of winning some great prizes at the banquet, **first prize being a 42" TV.** So sell, sell, sell and good luck! Any questions, please call me at 613-822-3419.

Looking forward to see you all in the New Year!
Rey Rheault

Thank You! Thank You!! Thank You!!!

The Calabogie Adaptive Ski Program would like to extend a **HUGE** thank you to Siamack Abrishami and family and Dani Emon for their generous donations to the program.

Your donations will help us to continue to provide a safe, affordable and fun ski experience for all skiers, volunteers and parents!



Training & Supplies



This will be the second year with our new ski “Uniforms” for volunteers highlighting our program. Although the majority of volunteers will have their jackets, the manufacturer has discontinued them and as such we have limited remaining stock. We are attempting to find some suitable replacements and hopefully will be able to fit everyone as the season progresses. These uniforms are a fantastic way to promote the program as well as Calabogie Peaks Resort and will make us much more visible with our skiers – a great safety benefit as well!



Calabogie Adaptive Skiing Program Schedule 2012

<i>DATE</i>	<i>TIME</i>	<i>ACTIVITY</i>	<i>LOCATION</i>
Jan 7, 2012	9:00-3:00	Volunteer Training	Calabogie Peaks
Jan 8, 2012	10:00-3:00	Calabogie Student Program	Calabogie Peaks
Jan 15, 2012	10:00-3:00	Calabogie Student Program	Calabogie Peaks
Jan 22, 2012	10:00-3:00	Calabogie Student Program	Calabogie Peaks
Jan. 29, 2012		No Student Program (See Feb 5, 2012)	
Jan 29, 2012	9:00 4:00	Instructor Training Update Instructor/Volunteer Pot Luck	Calabogie Peaks
Feb 5, 2012	10:00-3:00	Calabogie Student Program	Calabogie Peaks
Feb 6, 2012	10:00-3:00	Community Living Day	Calabogie Peaks
Feb 12-16, 2012	9:00 4:00	Winter Sports Clinic for the Solider on Program	Calabogie Peaks
Feb 12, 2012	10:00-3:00	Calabogie Student Program	Calabogie Peaks
Feb 19, 2012	10:00-3:00	Calabogie Student Program	Calabogie Peaks
Feb 26, 2012	10:00-3:00	Calabogie Student Program	Calabogie Peaks
Mar 4, 2012	12:00-2:00	Banquet/Awards	Calabogie Community Center

Note: -CADS Level 1 Instructor Certification Course scheduled for January 18-19 at Mt Pakenham from 5.00 - 9.30 pm.
 -12 hour CSIA Methodology required for CADS 2/2A instructor certification scheduled at Mt Pakenham Jan 11, 18, and 25 from 5.30 - 9.30 pm
 -CADS Level 2 and 2A instructor certification scheduled at Calabogie Peaks Feb. 18-19 from 9.00am – 4.00pm

EQUIPMENT



There have been some new additions to our Equipment Room! Over the summer and fall we have added **two new sit skis**. They are very different from our standard ski the Mountain Man, much lighter and easier to handle. They also have a self-loading function. Some of our skiers will enjoy these little sporty models.

We have also added several sets of new **standup outriggers**, and several sets of **wide ski bras!**

We have colour coded our tethers so you can pick short (10') medium (12') or long(14') sets as you require.

REMEMBER to get your skis tuned and waxed. Well-tuned skis turn better and are a lot more fun!

Thanks,
Rob

CONTACTS

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